

About indecision...

Wait! No. Well, yeah...

Because it can be so difficult to decide on things like majors, goals, life direction, shoes, and what to order at Burrito Barn, we've developed this little guide. Think of it as a visit to the decision doctor, but without all those forms to fill out! You can come back and visit anytime you start to feel the discomfort of indecision — no appointment necessary!

Decision Secret No. 1

Know what you want and you'll get what you want!

"The world stands aside and lets pass the man who knows whither he is going." — Ordway Tead

It's impossible to get what you want if you don't know what you want. Let's repeat that point, because it's important: **It's impossible to get what you want if you don't know what you want.**

The more specific you are — the more vivid the details you can imagine, the easier it will be for you to succeed.

"A lot of people are afraid to say what they want. That's why they don't get what they want." Madonna

"But I just can't decide!"

"Indecision and delays are the parents of failure." —George Canning

Ouch! That quote hurts, but it's true. Struggling with indecision can be very frustrating. Worse than frustrating, it can be debilitating. The fear of making the "wrong decision" can keep us from making a move for years, or even a lifetime!

Decision Secret No. 2

Do what you love, and follow your dreams

Sometimes the reason we can't decide is because we forgot about our dreams, *or our dreams were put aside for us*, a long time ago. Our dreams are a reflection of who we are. Dreams are maps to finding what we want, and what we feel passionate about.

It's important to *listen to your dreams* to find something you want to do – something you can feel enthused about. When you're doing what comes naturally – doing what you love - it's easier to be happy.

An old saying goes: If you work at what you love, you'll never work a day in your life.

Doing what you love starts with believing it's possible. If you think it would be fun to work with animals, but you're studying accounting because it's practical, it's worth finding a way to work with animals – even if it's just in your spare time. If you really love it, you can make a change!

"I dream for a living." — Stephen Spielberg

The **key** is to listen to yourself and get in touch with what you naturally love. **Turning the key** is when you decide to try something... anything! Take action!

To quote author Marie Beynon Ray, **"Indecision is fatal. It is better to make a wrong decision than build up a habit of indecision. If you're wallowing in indecision, you certainty can't act - and action is the basis of success."**

"But what if I change my mind?!"

That's okay! Changing your mind is part of the learning process. It's part of maturation and growth, no matter what your age. If you feel the need to change your mind, and you consider the change carefully, it will usually result in a positive outcome.

"The man who views the world at 50 the same as he did at 20 has wasted 30 years of his life." —Muhammed Ali

Changing your mind about anything that you've taken action on doesn't change the fact that you've learned and exhibited focus and determination. Focus and determination are qualities that employers absolutely adore. Learning to make decisions and take action are behaviors you will need in abundance if you decide